



Coming Home Catholic



Bringing religious education back where it belongs

Prayer Questionnaire

The following questions are designed to help you thoughtfully consider your prayer life. If you have some areas which you feel need to be improved, now is the perfect time to make a few changes.

1. God is always with you. How many times each day are you aware of His presence?
2. Do you have a particular time to pray? Do you purposely use that time regularly?
3. Do you have a special place in which you pray? If so, do you go to that place regularly? If not, can you choose a place in which you will feel comfortable spending time with God on a consistent basis?
4. Why do you pray?
5. How do you usually pray? (For example, talk to God, think about God, listen to God) If you are accustomed to praying in a certain way, is it time to expand your horizons?
6. What difficulties do you face in prayer? (For example, distraction, dryness, lack of faith, discouragement)
7. Do you trust in prayer?
8. Are you willing to persevere in prayer, despite the difficulties?